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AN ATTEMPT TO CRITICISE THE CONCEPT OF PSYCHOANALYSIS

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ABSTRACT

Since psychoanalysis has had several rebirths over the course of its lengthy gestation, some contemporary writers have complained that the field has become conceptually fractured and disorganised due to the rapid growth of psychoanalysis theories over the past 115 years. As a conclusion, we can state that the personality, which is founded on the idea that an individual is motivated primarily by invisible forces under the control of conscious and logical thought, is the core of psychoanalytic theory. It implies that by bringing the contents of unconscious awareness into conscious consciousness, people can experience catharsis and acquire understanding of their current state of mind. A person can get relief from psychological anguish by going through this procedure.

Keywords: *Theory, Conscious, Psychoanalysis, Logical, Person.*